

GRIEF WITH GRACE

SIA CALDWELL-MILNER

Minister • Grief Recovery Specialist • Compassionate Guide

- Personal Journey:
 - Experienced deep losses, including her twin son (2001) and multiple close family members (2018–2021)
 - Drew strength from faith while navigating grief and brokenheartedness
- Healing Approach:
 - Trained in the Grief Recovery Method® – a life-changing, inclusive process that helps people of all backgrounds
 - Passionate about helping others exchange “beauty for ashes” and rediscover joy
- Professional Background:
 - Minister with a heart for the hurting
 - B.A. in Psychology
 - M.A. in Religion (Worship Studies)
- Mission: To walk alongside those in pain, offering tools, faith, and hope for healing